# Chapter 7 Reflective practice

## Engaging cultural intelligence

Complete the following table with your cultural intelligence (CQ) and adaptability goals.

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| **CQ Capabilities (by Ana Azevedo)** | **My CQ goals (Adaptability to client preferences)** |
| **Motivation** (interest, confidence, drive) | 1.  2. |
| **Knowledge** (understanding of cultural similarities and differences) | 1.  2. |
| **Strategy/metacognition** (ability to plan, be aware, and make sense of intercultural situations) | 1.  2. |
| **Action/Behaviour** (ability to adjust verbal and nonverbal behaviours in intercultural situations) | 1.  2. |

My 1-2 actional goals: