

Indigenous View of Healing and Wellness

1. Complete the chart below based on your imaginary scenario.
2. Describe who they are and how they constructed their identity, their motives, the methods they use to reach their objectives, and the outcomes of what they do.
3. Spend a few moments reflecting on how this information might form the basis of a counselling plan.

	Identity	Motives	Methods	Outcomes
Person 1				
Person 2				