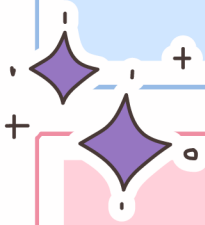


I embrace challenges



I grow stronger every day

I can overcome any obstacle



I am calm and centered

I learn from my mistakes



I have resilience within me