

Mock Codes

Why do we run mock codes?

- The CDSBC (College of Dental Surgeons of BC) mandates practising emergency skills every 3 months.
- Mock codes aid in defining staff roles during emergencies.
- Mock codes aid in practising clinical skills.
- Mock codes aid in practising communication skills.
- Mock codes increase confidence and reduce anxiety in an emergency.

What will we be doing?

- The mock code will be a realistic scenario to ensure that all staff has an opportunity to practice their role. This means that we will practice:
 - recognizing an emergency
 - activating emergency services
 - administering CPR, drugs, and emergency medical procedures
 - managing other patients and family members
- The mock code will take approximately one hour: 20 minutes to prepare, 20 minutes to run the mock code, and 20 minutes for questions and to discuss alternative scenarios.

How do we prepare for the mock code?

- Prior to the mock code, all staff must familiarize themselves with their role and pertinent emergency equipment and protocols (*see Mock Code Prep Checklist, over*).
- Dental staff in an office that offers sedation are a diverse group of professionals with a variety of skills, education, and experience. Seeking help or clarification is welcomed and encouraged.

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Mock Code Prep Checklist

Everyone needs to know:

- BLS
- Location and use of bag-valve mask (aka: BVM or Ambu-bag)
- Location and use of AED
- Location of crash cart or emergency kit
- Location of portable oxygen
- Location of portable suction
- Emergency protocols (see *Universal Emergency Steps* booklet in emergency kit)
- Roles and responsibilities

RN's to review:

- Advanced airways: nasopharyngeal (NPA) and oral (OA)
- Emergency drugs
- ACLS protocols

CDA's to review:

- Connecting the BVM/Ambu-bag to oxygen
- Location of NPA's and OA's
- Recording during a code (e.g. time, drugs administered, interventions)

Receptionists to review:

- Activating and communicating with emergency services (code BLUE)
- Assisting other patients and family members