

Sample APA Format Title Page

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Set all margins to one inch. Use an APA recommended font, such as Times New Roman 12-point font. Set line spacing to double.

The student APA title page requires only a page number in the header. Insert the page number so that it is aligned with the right margin.

**Guided Imagery and Progressive Muscle Relaxation in Group  
Psychotherapy**

Hannah K. Greenbaum  
Department of Psychology, The George Washington University  
PSYC 3170: Clinical Psychology

“Student paper”

This handout has been adapted from materials downloaded from the APA Style website (<https://apastyle.apa.org>).

COMPARISON OF STUDENT EVALUATIONS OF TEACHING 1

The professional APA title page requires a “running head,” consisting of the title of the paper, in all capital letters, at the top of every page. If your title is longer than 50 characters, including spaces, shorten it for the running head. Type the running head in the header and align it with the left margin. Align the page number to the right margin.

**Comparison of Student Evaluations of Teaching With Online and  
Paper-Based Administration**

Claudia J. Stanny  
Center for University Teaching, Learning, and Assessment, University of West Florida

“Professional paper”

**Author Note**

Data collection and preliminary analysis were sponsored by the Office of the Provost and the Student Assessment of Instruction Task Force. Portions of these findings were presented as a poster at the 2016 National Institute on Student Learning in Psychology, St. Pete Beach, Florida, United States. We have disclose.

Correspondence concerning this article should be addressed to Claudia J. Stanny, Center for University Teaching, Learning, and Assessment, University of West Florida, Building 53, 11000 University Parkway, Pensacola, FL 32514, United States.

An author note may be added to the bottom of the title page to provide information about the author’s contact information or conflicts of interest.