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| **Feedback on Exercise 1.3.1 Finding Your Voice** |

I have **bolded** examples of inappropriate use of the passive voice or third person in the paragraph below. Next I have rewritten the paragraph using active voice and first person, where appropriate.

Both formative and summative evaluation processes are important for ensuring that client needs are effectively addressed through the counselling process (Stewart & Blain, 2017; Wizard, 2019). Without a clear feedback loop, **it is difficult for counsellors to assess the effectiveness of various aspects of the counselling process** (James, 2015; Wizard, 2019). To address this concern, at the end of each session **clients were invited** to complete a brief feedback sheet, which contained the following information: (a) overall rating of the session; (b) specific rating of the working alliance, counsellor skills, progress towards goals, and sense of hope; and (c) a brief description of critical incidents in each session. **I think that clients** were pleased to be asked to provide this type of feedback. I reviewed the feedback on a client-by-client basis. Aggregate data for all clients was also produced. All clients identified clear links between counselling goals and processes as an important factor. **A sense of connection**to the counsellor **and experiences**in the sessions that connected thoughts and feelings **were also identified**. I felt affirmed in my work as a result of the feedback.**Challenges were also presented**. Based on this feedback, I have integrated a number of additional strategies into my work with most clients. Focused evaluation has an important role to play in counsellor self-awareness and professional development (Carlyle et al., 2018; Stewart & Blain, 2017; Wizard, 2019). **In my opinion**, the profession could benefit from developing new tools that are easy to implement and do not require a significant time commitment. **There is also a need** for existing tools to be made available to others.

Both formative and summative evaluation processes are important for ensuring that client needs are effectively addressed through the counselling process (Stewart & Blain, 2017; Wizard, 2019). Without a clear feedback loop, **counsellors have difficulty assessing the effectiveness of various aspects of the counselling process** (James, 2015; Wizard, 2019). To address this concern, at the end of each session **I invited clients** to complete a brief feedback sheet, which contained the following information: (a) overall rating of the session; (b) specific rating of the working alliance, counsellor skills, progress towards goals, and sense of hope; and (c) a brief description of critical incidents in each session. **Clients** were pleased to be asked to provide this type of feedback. I reviewed the feedback on a client-by-client basis. **I also produced** aggregate data for all clients. All clients identified clear links between counselling goals and processes as an important factor. **They also identified** a sense of connection to the counsellor and experiences in the sessions that connected thoughts and feelings. I felt affirmed in my work as a result of the feedback; **I also felt challenged**. [OR: **The clients also presented me with challenges**.] Based on this feedback, I have integrated a number of additional strategies into my work with most clients. Focused evaluation has an important role to play in counsellor self-awareness and professional development (Carlyle et al., 2018; Stewart & Blain, 2017; Wizard, 2019). **The** profession could benefit from developing new tools that are easy to implement and do not require a significant time commitment. **Existing tools could also be made** available to others.