

Patient Education: Aural Canal Irrigation

- Your ears were irrigated with warm water or another irrigating solution to help remove ear wax or a foreign object that was obstructing your external ear canal.
- If you experience symptoms of infection (fever, pain, or foul drainage from the ear), dizziness, or difficulty hearing, return to the clinic or seek care from another health care provider.
- If you frequently experience symptoms of ear wax impaction (pain, difficulty hearing, feeling like the ear is plugged), you may try softening the wax to allow it to drain from the external ear canal. This can be done by instilling a few drops of a natural oil, such as olive oil, baby oil, or mineral oil, into the affected ear canal. Do not do this if you think your ear drum might be ruptured.

