

Patient Education: Bimanual Examination

- A bimanual examination was done to examine the cervix, uterus, and ovaries to assess for a cause of your symptoms.
- You might feel discomfort during the examination, but it should resolve when the examination is done. If you continue to feel discomfort, you can take an oral analgesic (such as acetaminophen or ibuprofen) as directed by your health care provider.

You may take:

- Acetaminophen ____ mg to ____ mg every ____ to ____ hours for ____ day(s)
 - Ibuprofen ____ mg to ____ mg every ____ to ____ hours for ____ day(s)
- Based on your symptoms and examination, further treatment or investigations may be required. Your health care provider will inform you of the next steps in your care.

