

## Patient Education: Digital Nerve Block

- Your injured/infected digit was numbed using a procedure called a digital nerve block.
- The numbing effects will wear off in 4 to 6 hours.
- The area around the wound may appear and feel swollen. This will slowly resolve as the anesthetic agent is absorbed into the tissue.
- Take care not to re-injure the area where the anesthetic agent was used as you will not have feeling in that digit until the numbing wears off.
- After the anesthetic agent wears off, you may experience pain and can take an oral analgesic (such as acetaminophen or ibuprofen) as directed by your health care provider.

You may take:

- Acetaminophen \_\_\_\_ to \_\_\_\_ mg every \_\_\_\_ to \_\_\_\_ hours as needed
  - Ibuprofen \_\_\_\_\_ to \_\_\_\_\_mg every \_\_\_\_ to \_\_\_\_ hours as needed
- If you experience symptoms of dizziness, headache, blurred vision, muscle twitching, weakness, or prolonged numbness at the site, return to the clinic or see another health care provider.

