

Skyla Banta

Prof. Moulton

Eng. 101

12 June 2024

The Energy of Music

Music has always put me in a good mood; it has this amazing way of getting to me. Whether it is catchy pop tunes from the 2000s, nostalgic melodies from the 90s, or even modern music, each era has its own thing. Music is like a language that everyone understands; it brings back memories, inspires, and connects us. It has fun beats that energize us and heartfelt songs that resonate with us. Personally, music has lifted my spirits, calmed me down, and helped me through difficult times. Since music has always been there for me, it has connected with me on a deep level due to its heartfelt and expressive nature. It's not just something personal but it is spread worldwide. Music brings people together, no matter where they're from. Music is something that has always brought my family and friends together. Whether on a road trip or at 3 a.m., music will always be a part of my life, bringing joy to my day.

Growing up, I listened to all kinds of music, with my favorite genres being rap, R&B, hip-hop, and Latin. Some of my favorite songs include "Loyal" by Chris Brown, Lil Wayne, and Tyga; "Just My Imagination" by The Temptations; "Bidi Bidi Bom Bom" by Selena; "Call Out My Name" by The Weeknd; and "Black Beatles" by Rae Sremmurd and Gucci Mane. Music has been and will always be a big influence in my life, shaping my experiences and emotions in profound ways. I can vividly recall the different melodies that played in the background of my early memories, each song leaving its imprint on my soul. My parents, especially my dad, had a diverse taste in music, ranging from classic rock to soulful music. I can recall my dad sitting on the living room couch flipping through his collection of CDs, looking up at me with a smile

asking, "What song shall we put on today?" During the weekend we would clean, and my dad would fill the house with music, turning boring chores into enjoyable moments of bonding and relaxation. Whether it was the energetic beats of hip-hop or R&B, music became one of the many special moments in our family gatherings, infusing every moment with rhythm and harmony.

In the car, music became a source of joy and connection for my family. Whether it was the radio playing the latest hits or my dad's curated playlist, we would often find ourselves singing along to the songs with abandon. I cherished these moments of shared laughter and music, feeling the bonds of love and camaraderie grow stronger with each passing beat. Sometimes, I would simply sit in silence, allowing the melodies to wash over me, lost in the beauty of the music. As I matured, I began to pay closer attention to the lyrics, finding happiness and understanding in the words of my favorite songs. With each verse, I discovered new layers of meaning and resonance, finding pieces of myself reflected in the music that had always been there, waiting to be heard.

Whenever I went to a party or festival, I could always count on music to serve as the unifying force that brought my family and friends closer together. The beats and infectious melodies instantly set the tone for a night of fun and celebration. Whether we were gathered in a cozy backyard or lost in the sea of a massive music festival, the collective energy of dancing and singing along to our favorite songs created an undeniable sense of connection. It was a sight to behold as people from different cultures joined in, moving to the rhythm with abandon. Amidst the contagious laughter and joyous cheers, it was evident that music had the power to dissolve barriers and foster bonds of friendship. In the midst of the lively crowd, music acts as a language that brings people together in a harmonious celebration of life.

Music has always had a special place in my heart, serving as a source of joy and comfort in my life. Its wide range of genres and melodies profoundly impacts my emotions and experiences, lifting my spirits and soothing my soul in times of need. From catchy pop tunes to nostalgic melodies, each era of music has its own unique charm that resonates deeply with me. Whether it's the energetic beats of hip-hop or the soulful rhythms of R&B, music has the power to transport me to a world of pure bliss and connection. Growing up, my family's shared love for music became a cornerstone of our bond, with weekend cleaning sessions and car rides filled with laughter and song. Whenever I find myself at a party or festival, I'm reminded of the unifying force of music, as it brings together people from all walks of life in a harmonious celebration of life and love.